



Located on The Village Plaza

Call 843.886.2555 or visit wilddunes.com/spa to book appointments.



Massage Therapy

Warm Seashell Massage

50-min | \$119 80-min | \$178

A massage with shells rubbed smooth by sand and heated from within to harness the life of the sea, aid in muscle relaxation, and stress release.

Lowcountry Massage

50-min | \$125 80-min | \$184

Choose from Southern Magnolia or Chamomile Mint. An ultra hydrating massage that uses Vitamin E and safflower for age-defying benefits.

Thai Herbal Poultice Massage

80-min | \$185

This authentic blend of aromatic herbs combined with a therapeutic massage soothes sore muscles, draws out toxins and increases circulation.

CBD Renew & Relax Massage

50-min | \$140 80-min | \$199

A light to medium pressure massage that uses an anti-inflammatory CBD compound to aid in relaxation and pain relief.

Deep Sea Muscle Therapy

50-min | \$145 80-min | \$204

A deep muscle massage with a healing and rehabilitative focus. Includes cooling gel to take home.

“To the Point” Foot Reflexology

25-min | \$85 50-min | \$120

Feet are the road maps to our bodies. This technique is great for pinpointing high-stress and tension areas.

Prenatal Massage

50-min | \$110 80-min | \$169

Our special pregnancy pillow allows moms-to-be to lie comfortable during massage - a treat for any expectant mother. Must be past first trimester.

Neuromuscular Massage

25-min | \$99 50-min | \$125

80-min | \$184

Deep tissue focus.

Swedish Massage

25-min | \$79 50-min | \$105

80-min | \$164

Light to medium touch for relaxation.



Couples Massage

50-min | \$215 *80-min* | \$335

Spend a little soothing time together being put at ease with our couples Swedish massage.

Young Athlete Massage

25-min | \$70

Young athletes need to look after their bodies too! When muscles are loose and functioning properly, the likelihood of a sprain, strain or repetitive motion injury is significantly reduced.

This massage is not just a luxury for young athletes, but a necessity. (25 min)

In-Room Massage at the Boardwalk Inn

Additional \$50

For ultimate relaxation, we'll bring the spa to you! Most massage services are available in the privacy of your guest room. Room accommodation, time restrictions and additional fees may apply.

Massage Therapy Cont.

Nail Therapy

In an effort to be environmentally conscious, we ask that you please bring your own sandals for pedicure services.



Gel Manicure \$49

Our most popular manicure. LED cured gel polish makes your nails virtually chipless.

Signature Manicure \$35

This manicure includes filing, detailed cuticle treatment, hand massage and polish.

No Polish Manicure \$28

This service includes file, soak, cuticle care, massage and buff to a brilliant shine. Popular with men.

Men's Hand &

Foot Repair \$75

A combination of two of our most popular men's services (no polish mani/express pedi) - perfect for athletes and any man who needs a little extra attention.

Signature Pedicure \$55

Pre-teen | \$45

**add Gel Polish - \$20*

This classic pedicure includes a foot soak, detailed cuticle and callous care, a foot massage and polish.

Zents Truffle Pedicure \$70

Hydration where it's needed most. An epsom and arnica fizzer combined with shea helps restore supple, smooth skin.

CBD Pedicure \$79

Our Signature Pedicure that includes a CBD enhanced leg and foot massage to aid in muscle relaxation and pain relief.

Warm Seashell Pedicure \$70

This pedicure utilizes shells rubbed smooth by sand and heated from within that harness the energy of the sea. Includes polish.

Express Pedicure

25-min | \$45

Includes a foot soak, detail cuticles, callous care and polish. Beautiful feet without the frills!

"Out the Door"

50-min | \$75

Express Manicure and Pedicure.



Skin Care Treatments

Organic Custom Facial

50-min | \$140 80-min | \$185

All natural products containing highly beneficial organic fruit, vegetables, and herbal extracts are used to combat a variety of skin concerns. Customizable to meet your specific needs.

Traditional Stone Crop Facial

50-min | \$109

Stone crop is an exotic succulent that increases the moisture content and health of all skin types – leaving the skin radiant and more youthful looking. Skin is thoroughly cleansed, exfoliated, steamed and nourished with a facial masque and moisturizer.

Quick Fix Facial

25-min | \$79

Perfect for those limited on time. Includes cleansing, massage and masque.

Skin Care Add-Ons

Eye & Lip Service | \$35

Collagen Eye Treatment | \$35

SpectraLite LED Mask | \$20

Oxygen Infusion Facial

25-min | \$80 50-min | \$160

80-min | \$200

This is a non-invasive treatment that uses oxygen under hyperbaric pressure to infuse a serum of modified hyaluronic acid, essential vitamins, botanicals, antioxidants and amino peptides into the skin. If you prefer, let one of our estheticians help you find the best match.

- Rejuvenate Treatment - deeply hydrates, freshens, enhances volume and contour
- Opulence Treatment - balances uneven skin tone, increases luminosity and radiance
- Clarity Treatment - clears oil build-up, refines, and promotes cellular renewal
- Atoxelene Treatment - dramatically reduces appearance of lines and wrinkles

**add Vitamin A, Vitamin C, Antioxidant, or Collagen Booster | \$25*



Skin Care Treatments Cont.

Alpha Beta Brightening Facial

50-min | \$150

Supercharge your skin with Vitamin C to help support natural collagen and brightening. Combined with Dr. Dennis Gross's Alpha Beta® Professional Peel System designed to combat sun damage, reverse signs of aging and restore luminosity for firmer, brighter skin.

Hyaluronic Marine Hydrating Facial

50-min | \$160

Powered by professional-grade algin and hyaluronic acid, this treatment improves skin's capacity of retaining water and delivers essential minerals and microelements leaving the skin firmer, supple, and more radiant. Includes Dr. Dennis Gross's Alpha Beta® Professional Peel.

Body Treatments

Dilo Rescue Wrap

50-min | \$150

Cocoon yourself in the healing oil of the Dilo tree, which grows by the ocean. It has a unique capacity to soothe pain and irritation and enhance the skins ability to repair. This treatment is especially beneficial for eczema and sunburn. Includes take-home product for after-care.

High Tide Hydration Wrap

50-min | \$150

An intensive shea balm infuses the skin with Vitamin E to deeply hydrate dry, dull skin.

Lavender Mint Body Scrub

25-min | \$95

The relaxing aroma of lavender and mint is combined with a jojoba aloe sugar scrub to leave you feeling polished and renewed.

Shirodhara

25-min | \$95

A unique relaxing treatment where oil is poured slowly in a steady stream from a copper vessel directly above the forehead. For 15-20 minutes, you are lulled into a tranquil state of well-being and peaceful meditation, as the oil pours on your skin and hair.

Herbal Detox Wrap

50-min | \$130

This treatment uses an aromatic herbal blend to soothe the senses and help detoxify the body. Warm towels infused with an herbal solution cocoon the body while wrapped in layers to enhance the absorption of the product. You will emerge relaxed and refreshed with a light application of unscented oil to lock in moisture.

Packages

Sands of Time

3 1/2 hrs | \$289

This package is the ultimate in relaxation and includes a custom manicure and pedicure, 50-minute massage and traditional facial.

Sea Escape

2 hrs | \$204

A Traditional facial and 50-minute Swedish Massage.

Perfect Pairing

2 hrs | \$305

Includes a 50 minute Couples Massage and two Signature Pedicures.

Seaside Retreat

2 1/2 hrs | \$185

Includes 50-minute Massage, Signature Manicure and Signature Pedicure.



Express Services

Strapped for time but in desperate need of some quick me time? These spa treatments promise to decompress in 30 minutes or less.

Polish Change (includes filing)

Fingers | \$20

Toes | \$25

French Polish | \$10

Nail Art | \$5+

Express Pedicure | \$45

Make Up Application | \$50

Head, Neck and Shoulder Massage
25-min | \$85

Quick Fix Facial | \$79

Express Foot Reflexology
25-min | \$85

Body Scrub | \$95

“Out the Door” | \$75

Shirodhara | \$95



Lash Services

Lash Lift \$70

Give your lashes an instant boost without extensions. Our semi-permanent Lash Lift service gives your lashes a natural curl and defines your lashes allowing you to ditch the curlers and mascara for up to 8 weeks.

Lash Perm \$70

Want curled lashes without the work? We've got you covered! Our semi-permanent Lash Perm lets you wake up with beautifully curled lashes for up to 8 weeks.

Bare Therapy

Brows | \$20, Lip | \$12, Chin | \$15, Back | \$65, Half Leg | \$50,
Full Leg | \$75, Bikini | \$50, Partial Brazilian | \$65, Brazilian | \$76+



Children's Services

Little Miss Manicure \$25

Includes file, cuticle care, moisturizer and polish.

Princess Pedicure \$35

Includes file, exfoliation, cuticle care, moisturizer and polish.

Fairy Princess Facial \$55

A relaxing facial to educate the basics of skin care.

Beach Braids \$10 per braid

The perfect look for your time at the beach.



Spa Boutique

Shop at Sand & Sea for all of your spa needs! We carry a discerning selection of hair care, skin care, massage apparel, and make-up from the following product lines:

Aviate

Blue Beautifly

Dr. Dennis Gross

Eminence Organics

Havaianas

Intraceuticals

Jane Iredale

Jane Marie

Market & King Jewelry

Mary's Nutritionals CBD

Mud Pie

Nest

Olivina Men's

Onzie Yoga Apparel

Oribe

Patchology

Popina Swimwear

Sprayology

Supergoop

Zents

Fitness Classes

Seeking your center? Our Fitness Center, wellness programs, yoga and abundant walking trails beg everyone to get out and feel great. Access to our Fitness Centers is complimentary for all guests staying with Wild Dunes Resort. They are located on The Village Plaza and at the Port O Call with keycard access from 6 a.m.-11 p.m. daily.

*Call **843.886.2555** For Class Locations*



Hatha Yoga

Wednesday, Friday

9:00 - 10:30 a.m. | \$20

A relaxing meditative yoga with an emphasis on achieving balance between body and mind. For all levels, from beginner to advanced and those with physical limitations.

Bendable Body

Tuesday, Thursday 9:30 - 10:15 a.m.

\$15 in advance, \$20 day of

Strengthen and lengthen your muscles with this yoga and pilates inspired conditioning class.

Core and More

Tuesday, Thursday 8:30 - 9:00 a.m.

\$15 in advance, \$20 day of

Whittle your middle and strengthen your surrounding muscles with this 30-minute ab blasting workout.

Power Circuit

Monday, Wednesday 10:15 - 11:00 a.m.

\$15 in advance, \$20 day of

This high energy circuit style body conditioning class is great for overall fitness at an intensity that suits you.

Strength Express

Monday, Wednesday 9:00 - 9:30 a.m.

\$15 in advance, \$20 day of

This 30 minute full body strength and resistance class is designed to improve your overall fitness.

Get in, get out, and carry on with your day.

Beach Burn Boot Camp

Saturday 8:00 - 8:40 a.m.

\$15 in advance, \$20 day of

Everything is better on the beach! This high intensity class includes circuit training, cardio exercise, body weight exercises and most importantly...fun!

Our Mission

We are dedicated to providing you with services and experiences that will relax and renew your mind and body with treatment and product knowledge for continued at-home care.

Cancellation Policy

Reservations must be held with a credit card, folio number or club number. We understand at times it may be necessary to reschedule or cancel appointments. Please let us know 24 hours in advance to avoid being charged in full for your scheduled service.

Spa Etiquette

As a courtesy, please turn off all cell phones.

Your service will always end at the scheduled time, so please remember to be on time to avoid having your service shortened.

Dressing and undressing will take place in the privacy of your treatment room; we cannot be responsible for the loss of valuables and personal articles.

A 20 percent gratuity is added to all services. Any additional gratuities are left to your discretion.

We are a family resort and welcome supervised children who have spa appointments.

Any facial and massage clients under the age of 18 must be accompanied by an adult.

We will gladly touch up any wet nails that are smudged one time.

When scheduling an appointment, note any health concerns, medical problems or pregnancy.

If you have a gender preference for a therapist, please let us know at the time of booking.





A DESTINATION HOTEL®

Located on The Village Plaza

Call 843.886.2555 or
visit wilddunes.com/spa
to book appointments.