

A black and white photograph of a woman relaxing in a hot tub. She is lying back with her eyes closed, and her hands are resting on her head. Water is cascading over her head from above, creating a sense of relaxation and bliss. The scene is framed by a thin, decorative border.

ASCEND  
—  
TO ALPINE BLISS

THE *Spa*  
AT GRAND HYATT VAIL





# SPA STORY

---

Resplendent mountains, crowned with either sun or snow. The ebbing and flowing of a lively creek. Breaths of crisp, alpine air. Open your senses to the splendor of nature at The Spa at Grand Hyatt.

At an elevation of 8,150 feet, this is a place where the healing powers of nature coalesce to create relaxing and customized experiences, drawing on the surrounding landscape for inspiration. Set upon Gore Creek and Vail Mountain, this transcendent respite is complemented by state-of-the-art treatments and native ingredients that pay homage to the European Alps, creating an experience you won't soon forget.

## PRODUCT LINES

### **Aromatherapy Associates | London**

Experience the powers of a core range of expertly blended essential oils mixed with active botanicals free from harsh chemicals and unnecessary synthetics.

### **Comfort Zone | Italy**

Comfort Zone's mission is to promote a holistic, soulful, healthy and sustainable lifestyle, with advanced science-based conscious solutions to visibly improve skin, body and mind.

### **Phia | Colorado**

Phia Lab believes that the complex molecular structures of nature's purest ingredients contain beneficial attributes and energies that synthetics will never possess.

## SIGNATURE TREATMENTS | 120 min.

### **Summit of Serenity**

This aromatherapeutic treatment promotes relaxation and focus. First, a chamomile and olive grain scrub to refresh the legs and feet. Pure frankincense is then used to rebalance the chakras and release cranial pressure. Finish out the treatment with an ayurvedic scalp massage, facial mask application, and effleurage back massage.

### **Alpine Transformation Wrap**

A detoxifying treatment for those seeking deep renewal. The wrap begins with a gentle body peel to remove dead skin cells. Mud and micro-algae sourced from the mineral-rich Bagni di Pisa thermal waters in Tuscany are applied, which eliminates toxins. A rich and exquisite cream provides a body-firming finish, simultaneously nourishing skin and improving elasticity.

## SIGNATURE PACKAGES

\*no substitutions or modifications, subject to availability, treatments must be received by the same person, on the same day.

### **Gentle Ascent**

50 minute custom massage + 50 minute signature facial + 45 min traditional pedicure

### **Calming Cascade**

50 minute body treatment + 50 minute custom massage + 50 minute signature facial.

Your choice of: 50 min peak scrub/wildflower scrub/gore wrap/alpenrose renewal

## MASSAGES | 25\* / 50 / 80 / 105 min.

All of our massages are tailored to your body's personal needs. Please communicate one of the options below to our spa concierge as a starting point for your journey.

**Custom Massage** | Our most popular and customizable option which can range from a light and relaxing touch to a more vigorous and deep pressure approach. You can select a variety of different pressures to be applied at different points throughout the treatment, or request one specific target area to focus on.

**Swedish Massage** | Light pressure along with long and relaxing strokes promote a state of deep relaxation, increase circulation, and reduce stress.

**Deep Tissue Massage** | Therapeutic massage, often involving deeper pressure, which helps relieve stress in deeper muscles, fascia, and connective tissue. Ideal for the relief of tension and chronic pain.

**Après Adventure Sports Massage** | A vigorous and energizing massage which includes thorough stretching in addition to various deep-tissue massage techniques to help improve range of motion, circulation, and flexibility.

**Cannabidiol (CBD) Massage** | Enhance your massage treatment with CBD infused oil, crafted from the all-natural hemp plant. Rich in Antioxidants this 0.0% THC free, cannabinoid-active oil delivers a soothing body experience for tired muscles and joints. Our CBD products were designed to alleviate pain and inflammation, and provide an overall feeling of wellness.

**Maternity Massage** | 50 min. only \*for those in their 2nd or 3rd trimester  
Perfect for the mother-to-be, therapists utilize specialty equipment and light effleurage techniques to eliminate stress and sore muscles to experience the purest relaxation.  
• please see our maternity menu on our body treatments page

**Teen / Target Massage** | 25 min. only  
Designed as an introduction to body work, therapist works with you on a target area, customizing your treatment depending on your experience and need.

**High Altitude Adjustment** | 50 / 75 / 105 min.  
Ease into mountain heights and dissolve the everyday stresses of urban life by immersing your senses in the healing experience of Aromatherapy Associates signature Forest Therapy blend, inspired by the Japanese art of Forest Bathing. Vigorous massage techniques stimulate oxygen flow through the tissues while heated packs are applied to focus areas to boost circulation. A concentrated oxygen boost following the treatment encourages the body to readjust to an elevated lifestyle.

**Himalayan Salt Stone Massage** | 75 / 105 min.  
These stones detoxify pollutants in the body's electromagnetic field, re-mineralize the skin, balance the body's pH, and improve sleep. You will leave feeling balanced in mind, body, and spirit.

## ADDITIONAL ENHANCEMENTS

**Himalayan Salt Stones**  
Aromatherapy

**Foot or Hand Treatment**  
Shea Butter  
Scalp Treatment

**CBD Targeted Spot Treatment**  
CBD Oil

## BODY RENEWALS

### **Vital Restoration** | 75 / 105 min.

Begin this refreshing treatment with an all-over body scrub featuring marine plankton that will trigger metabolism. The healthy layers of your skin will then be wrapped in a vitamin rich body mask to restore and rehydrate the skin. The treatment finishes with Comfort Zone's signature D-Age cream, ideal for restoring elasticity and stimulating the skin's tissues.

### **Peak Rejuvenation Body Scrub** | 50 / 75 min.

A deep, full body exfoliation, enhanced with jojoba microspheres and alpha-hydroxy acids smooths and restores the skin, encouraging fresh moisturized cells to rise to the surface. This treatment leaves skin soft, silky, and renewed. Complete your experience with a firming, antioxidant rich cream that utilizes organic tamanu oil to increase elasticity and protect and restore depleted skin.

### **Gore Creek Hydrating Wrap** | 50 / 75 min.

A bouquet blend of concentrated essences which resonate with your own natural energetic frequency is added to a warm shea butter to create the ultimate hydrating experience. After the product is applied, you are cocooned in a cozy wrap while your scalp is massaged for healthy and hydrated skin without harsh exfoliation. Please arrive 20-30 minutes early to determine which products most resonate with you.

### **Breathe Easy Immunity Booster** | 50 / 75 / 105 min.

Immunity-enhancing and decongesting, this massage treatment uses a blend of antibacterial and antiseptic oils including lavender, pine, tea-tree, and eucalyptus to clear the chest and nasal passageways and alleviate the aches and pains of respiratory discomfort. An Ayurvedic scalp massage brings relief to the head and sinuses while specific chest and neck stretches keep the chest open once the treatment has concluded. For a full-body experience, select the 75-minute treatment, which includes lower body therapy in addition to upper body elements.

\*for the ultimate Colorado experience, ask our concierge to combine this treatment with the Colorado Wildflower Scrub for a total of 100 minutes \$315





## BODY RENEWALS (CONT.)

### **Colorado Wildflower Scrub** | 50 / 75 min.

A local body renewal featuring a chia seed, jojoba, and brown sugar scrub infused with rainbow fluorite crystals to exfoliate and soften skin, boost confidence, and create balance. This scrub is blended with concentrated essences which are selected to synchronize with your natural energy output for a personalized experience. This treatment concludes with an application of hydrating crème which resonates at the same energetic frequency. Please arrive 20-30 minutes to determine which products most resonate with you.

\*for the ultimate Colorado experience, ask our concierge to combine this treatment with the Gore Creek Hydrating Wrap for a total of 105 minutes (\$315)

## MATERNITY MENU

### **Alpenrose Renewal Body Treatment** | 50 min.

This is an excellent nutritional remedy wrap to immediately bestow suppleness and replenish elasticity to dry and depleted skin. Overall designed to free physical tension with gentle rotations and to encourage energy flow to ease tired muscles; especially suited for expecting or new mothers. Fully certified organic products are utilized to exfoliate the skin, followed by a beautiful elasticizing body mask and hydrating oil to leave you feeling renewed and replenished.

### **Alpenrose Facial and Belly Treatment** | 50 min.

Begin with a 25 minute facial, focused on deeply cleansing and restoring the skin's natural balance. Following the facial, experience an exquisite technique designed to induce a deep state of calm and reassurance for mother and baby, with large soft bristle brushes to act on skin receptors activated by a slow delicate stimulation of the skin. This beautiful Tamanu mask is infinitely known for its regenerating properties to restore elasticity and provide rich nourishing antioxidant protection.

### **Alpenrose Manicure and Pedicure** | 90 min.

Featuring non-toxic, vegan, and hypoallergenic Dazzle Dry products, combined with a sumptuous blend of precious essential oils will leave you pampered.

# FACIALS

## PRODUCT LINES

### **Hydropeptide I Seattle, WA**

The leader in peptide technology. Peptides allow ingredients to work on a cellular level by acting as “messenger molecules” to increase hydration and visibly reduce lines and wrinkles, while enhancing the skin’s luminosity. Their 60+ peptides, botanical stem cells and growth factors deliver customizable, results-driven regimens for all skin types.

### **Hydrafacial I California**

Hydrafacial’s patented technology utilizes a painless suction device to exfoliate dead skin and then bathes the new skin in antioxidants and hyaluronic acid to leave skin hydrated, cleansed and moisturized. Hydrafacial is a high-tech facial leaving you with immediate results and no downtime.

### **Comfort Zone I Italy**

Comfort Zone’s mission is to promote a holistic, soulful, healthy and sustainable lifestyle, with advanced science-based conscious solutions to visibly improve skin, body and mind.

## FACIAL TREATMENTS

### **Ultimate Hydrafacial with Hydropeptide**

50 / 80 min.

Using vortex-fusion technology, this high tech facial cleanses, detoxifies, exfoliates, extracts, and hydrates. This unique spiral tool design combined with hydradermabrasion procedures and lymphatic drainage to easily dislodge and remove impurities while simultaneously hydrating the skin with potent antioxidants. High peptide doses boost collagen and erase age spots, leaving your skin hydrated and visibly reducing fine lines and wrinkles after just one treatment. 80 minute treatment includes a penetrating mask.

### **The Corrective Solution**

50 / 80 min.

A gentle but incredibly effective peel addresses fine lines, wrinkles and loss of elasticity. This facial effectively stimulates cellular regeneration to restore fullness and redefine the volume of the face. 80 minute treatment includes a hexapeptide plumping mask that bestows a visibly firmed and toned complexion to the face, neck, and décolleté.

### **Signature Facial**

50 / 80 min.

Completely customizable based on your individual skin care needs. This treatment includes a deep cleanse, exfoliation, extractions, facial massage, and a mask application. You and your provider will collaborate to get visible results while experiencing profound relaxation.



## FACIAL TREATMENTS CONT.

### **Alpine Rescue Facial**

50 / 80 min.

Designed specifically for a high-altitude environment, this facial harnesses the power of Hydropeptides, replenishing hydration, and enhancing your skin's natural luminosity at a cellular level. This treatment utilizes vitamin C to repair sun damage and hyperpigmentation, combat dullness, and enhance brightness.

### **CBD Heal and Restore Facial**

50 min.

Harness the power of this antioxidant rich phytochemical known for its anti-inflammatory properties. Wonderful for all skin types to gently detoxify and restore skin holistically.

## ADD IN'S

(done within treatment time)

**Eye Treatment**

**Lip Treatment**

**Hand Mask**

**Hair Mask Application**

**Hydrafacial Enhancements Available**

## ADD ON'S

(additional booking time required)

**Back Facial**

**Additional Neck, Scalp and Shoulder Massage**

## NAILS

### **Quick Touch-Up**

25 min.

Includes cuticle trim, nail shaping and polish.

### **Manicure**

45 min.

Includes softening soak, nail shaping, cuticle care, massage, hot towel and polish.

### **Pedicure**

45 min.

Includes softening soak, nail shaping, cuticle care, massage, hot towel and polish.

### **Deluxe Manicure / Deluxe Pedicure**

60 min.

Includes softening soak, nail shaping, cuticle care, extended massage, hot towel, paraffin wax and polish for both hands and feet.

### **Gel Add-On / Removal**

20-30 min.

Add-on or removal of gel polish. Please let your spa concierge know in advance to allow the extra time required.

# FACILITIES

---

The Spa at Grand Hyatt honors its environment by infusing fresh mountain air and indigenous ingredients into every treatment

10 well-appointed therapy rooms, featuring two oversized treatment rooms, ideal for couples

Tranquil relaxation room overlooking Gore Creek and the nearby mountains

Spa retail boutique featuring products that are committed to personal and environmental health

Separate men's and women's locker rooms, each with:  
Aromatherapy steam room  
Salt sauna  
Swiss jet showers



GRAND | HYATT®  
VAIL

1300 WESTHAVEN DRIVE, VAIL, CO 81657  
GRANDHYATTVAIL.COM | 970.479.5942