



# LUNA

SPA

AN ESCAPE FOR THE SENSES





A RETREAT FOR BODY, MIND AND SOUL

LUNA SPA IS LOCATED WITHIN THE SCOTTSDALE RESORT AT MCCORMICK RANCH. WE WANT TO CREATE A DAY THAT ALLOWS YOU TO NOT ONLY FEEL AND LOOK BEAUTIFUL, BUT ALSO TO RELAX YOUR MIND AND FEED YOUR SOUL.

EXPLORE A HOLISTIC APPROACH TO WELLNESS BY ENJOYING THE ADJACENT FITNESS CENTER, SAUNA AND RELAXATION ROOM DURING YOUR STAY WITH US.

WELCOME TO **LUNA**  
SPA  
AT THE SCOTTSDALE

# LUNA SPECIALTY TREATMENTS

	MON-THURS	FRI-SUN
25 MIN	\$89	\$99
50 MIN	\$159	\$169
80 MIN	\$199	\$209

## HOLISTIC HEALING MASSAGE

50/80 MIN

Our exclusive blend of therapies incorporates Reflexology, Aromatherapy, and Himalayan Hot Stones, which are all perfect for someone suffering from stress, fatigue, cancer, or any chronic illness. Light in pressure, this treatment uses long strokes to encourage lymph flow and is designed to support and nourish the “whole” person by reconnecting the mind, body, and spirit.

## CRANIALSACRAL ENERGY THERAPY

50 MIN

Put your cranial rhythm back in balance with a special hold and gentle touch to release the facial restrictions and help you unwind from deep within. This is the perfect treatment to experience the healing therapy of energy work. This treatment is especially beneficial for chronic neck and back pain, migraines, and TMJ syndrome.

## HIMALAYAN STONE MASSAGE

50/80 MIN

Relieve chronic pain or just slip away peacefully with our warm Himalayan Stone Massage. Providing a comfortable heat that penetrates deep into the muscles and promotes healing deep below the surface. Bring serenity and healing by melting away knots and years of muscle abuse.

## REFLEXOLOGY

50 MIN

Revitalize your hands and feet and give them a treat by relieving any unnecessary tension with our Beespa Hand and Foot Cream. This treatment will focus on pressure points using specific thumb and finger techniques to better stimulate and balance your body's systems.

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## MOTHER-TO-BEE 50 MIN

Get ready to *bee* an amazing mother. This prenatal massage offers relief from pressure and discomfort in the lower back, hips, shoulders, legs and feet. With our *Bee Inspired Baby Oil*, this treatment will *bee* sure to assist in promoting circulation and overall wellness.

*\*Note: This massage is not offered during your first trimester.*

## ACUPUNCTURE FOR PAIN RELIEF 50/80 MIN

There's 5,000 years of healing power behind this pain relieving technique. Acupuncture is a time-tested tool that reduces pain and increases function, no matter what ails you. Our licensed acupuncturist uses a series of fine, sterile, single-use needles to restore balance and elevate the mind and spirit. Acupuncture relieves pain, enhances sleep, alleviates anxiety and stress and treats acute and chronic muscular and degenerative conditions.

## GUA SHA 25 MIN

Gua Sha is a Chinese technique which is used to increase blood flow and circulation. It breaks up fascia and alleviates pain. The practitioner uses a small tool to gently move along the skin in areas of pain. Redness may occur.

## CUPPING 25 MIN

Consider this needle-free therapy a reverse massage. Skin is lifted through suction, bringing blood to the surface and improving circulation. Cupping benefits the lungs, treats coughs and asthma, improves the appearance of cellulite and combats pain in multiple areas of the body. The resulting suction moves energy, or Qi, to increase local circulation, relieve pain and promote healing.

*\*Note: Expect some painless discoloration on the skin.*

LUNA

SPA



# LUNA MASSAGE THERAPIES

	MON-THURS	FRI-SUN
25 MIN	\$79	\$89
50 MIN	\$149	\$159
80 MIN	\$189	\$199

## LUNA SAMPLER 80 MIN

You can have it all with this signature massage that combines our relaxing Moon Light Massage with our Deep Tissue Therapeutic. Immersed with blissful Aromatherapy and Desert Stones, this massage is sure to send you to your happy place.

## MOONLIGHT MASSAGE 50/80 MIN

Rejuvenate a tired mind and body with a massage this is sure to send you to the moon. The use of light to moderate pressure enhances this Swedish-influenced massage, transporting you to a place of clam inner peace and serenity.

## DEEP TISSUE THERAPEUTIC 50/80 MIN

Deep desert healing uses firm pressure and heat building techniques to target stress areas, to reach deeper layers of musculature relieving aches and pains of overworked injured muscles for an all-around transformational experience.

## RESTORAIVE SPORTS MASSAGE 50/80 MIN

Using the specially formulated Dr. Bob's Medicated Oil, combined with our Deep Tissue Therapeutic massage and athletic stretching techniques, this treatment is sure to restore and repair any overworked muscles. This service is also great for releasing any lactic acid from the body and relieving the ache and discomfort of sore muscles.

## NECK, BACK & SHOULDERS 25/50 MIN

Treat your neck, back and shoulders to all of the benefits of a Deep Tissue Therapeutic massage in the specific zones of overworked upper body musculature. Followed up with peppermint essential oil to melt the tightest of tissues.

# LUNA MASSAGE THERAPIES

	MON-THURS	FRI-SUN
25 MIN	\$79	\$89
50 MIN	\$149	\$159
80 MIN	\$189	\$199

## SCALP MASSAGE

25 MIN

Rest your head in the clouds with this pillow-like scalp massage using skillful techniques combined with luscious botanicals designed to create an escape without leaving the room.

*\*Note: Can either be a warm oil massage or an essential oil dry massage.*

## JET LAG

25 MIN

Get your balance back and enjoy our specialty Jet Lag Massage. This treatment comes with an essential oil specialty blend, foot massage, and a sweet honey heel glazed treatment.

## LUNA FOR TWO

50 MIN **\$159 - \$169**

80 MIN **\$199 - \$209**

Celebrate birthdays and anniversaries and enjoy quality bonding time with your loved one, a family member, or even a best friend. Whatever the occasion may be, make your time together memorable. Each individual can select their massage of choice: Moonlight Massage, Deep Tissue Therapeutic, or Hot Stone.

*\*Note: Pricing is per person.*

## MASSAGE ENHANCEMENTS

### ADD-ON = ADDS TIME INTO SERVICE

- Hand and Foot Paraffin \$49
- Hand and Foot Scrub \$49
- Reflexology \$69
- Scalp Massage \$69

### ADD-IN = BLENDED INTO SERVICE

- Aromatherapy Oil \$9
- Hand or Foot Paraffin \$29
- Hand or Foot Scrub \$29
- Hot or Cold Stone Treatment \$29
- A Foot Masque \$29
- Honey Heel Glaze \$19
- CBD Oil for 25 min \$19
- CBD Oil for 50 min \$29
- CBD Oil for 80 min \$39





# LUNA BODY THERAPIES

## MON-THURS

## FRI-SUN

25 MIN	\$79	\$89
50 MIN	\$149	\$159
80 MIN	\$189	\$199



## MINERAL HYDRATION WRAP

### 50 MIN

Replenish any lost minerals and lock in moisture with this soothing and comforting wrap, followed by a nutrient rich hydration. While the body is detoxifying, the scalp will be massaged and you will instantly transfer to a world that is stress-free. This body treatment has the perfect amount of hydration and will leave you feeling renewed.

## BODY GLOW

### 50 MIN

Invigorate and nourish your skin with a Himalayan Salt Scrub exfoliation, followed by a full body hydration that will leave your skin glowing. This gentle exfoliation is the perfect fit for every skin type and will leave you feeling radiant and refreshed.

## DETOX MUD WRAP

### 80 MIN

Dry skin brushing prepares the skin for this therapeutic mud wrap designed to oxygenate and stimulate lymphatic drainage, followed with a hydration application to help nourish and repair tissue. While wrapped, enjoy an invigorating eye and lip collagen mask.

## LUNA SONORAN ESCAPE

### 80 MIN

Rejuvenate your skin and indulge your senses with this relaxing and luxurious body treatment. This treatment begins with an aromatic sugar scrub exfoliation followed with a nourishing herbal mud wrap and ends with a deeply penetrating hydration and hand and foot paraffin treatment.

## BODY RENEWAL & SWEDISH MASSAGE

### 80 MIN

This treatment guarantees smooth skin and total relaxation with a Himalayan Grapefruit Salt Scrub, followed with our Moonlight Massage that includes a luxurious body-firming moisturizer that will bring you back to feeling balanced and complete.

## MINERAL HYDRATION WRAP & FACIAL

### 80 MIN

Combine two of the perfect treatments into one service. Enjoy our Mineral Hydration Wrap and our Mineral Hydration Facial for the ultimate skin hydration and renewal.

# LUNA SPECIALTY FACIAL THERAPIES

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25 MIN	\$89	\$99
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## MEDI-INFUSION FACIAL 50/80 MIN

This is the number one facial Luna Spa offers. The Medi-Infusion facial combines Osmosis's specialized Facial Infusion and active powder blends, providing immediate, exceptional results without compromising the health of your skin and daily routine. This treatment visibly improves the texture of the skin, increases collagen production, circulation and cell turnover, along with reducing the appearance of fine lines, wrinkles and age spots, and much more!

*\*Note: Each treatment is cocktailed to your skin's request.*

*\*Note: Includes the Revita-Pen.*

## HOLISTIC HEALING FACIAL 50/80 MIN

Based on ancient Eastern Medicine philosophers, a 4-point analysis of both visible and internal body temperature, energy levels, skin appearance, and skin conditions. The energy of Osmosis products, paired with specific application techniques direct energy to heal both the skin and body. The results of this facial are felt immediately and create an overall balanced well-being.

*\*Note: Does not include the Revita-Pen.*

## AGE DEFYING FIRMING FACIAL 50/80 MIN

This corrective skin treatment resurfaces, oxygenates, and repairs damaged skin cells. With the use of the NUFACE micro-current device, this facial promises immediate firming results. The technology of the NUFACE lifts and tones the facial muscles and reverses the signs of aging by stimulating collagen production.

*\*Note: 80min service offers LED treatment to address fine lines and wrinkles as well as hyperpigmentation.*

# LUNA FACIAL THERAPIES

MON-THURS

FRI-SUN

25 MIN	\$79	\$89
50 MIN	\$149	\$159
80 MIN	\$189	\$199



## MOONLIGHT SIGNATURE FACIAL 80 MIN

Indulge and replenish while restoring your natural beauty. This treatment uses active botanicals to reduce hyperpigmentation and brighten the skin's overall appearance. It incorporates our "Firming Neck" & "Eye Refresher" treatments, aromatherapy facial massage and our "Desert Healing" treatment for hands and feet.

## LUNA PERSONALIZED FACIAL 50/80 MIN

Revitalize your complexion with this customized treatment to target your skin's individual needs of appropriate masks and hydrators.

## DESERT HYDRATION FACIAL 50 MIN

Breathe new life into dehydrated skin with this replenishing and deeply hydrating treatment containing honey, aloe vera and a botanical source of hyaluronic acid.

## ANTIOXIDANT FACIAL 50 MIN

Antioxidants protect our skin by preventing the production of free radicals which are known to damage skin cells. Restore your skin with a blend of superfoods rich in antioxidants, vitamins, and minerals.

## MEN'S FACIAL 50 MIN

This facial provides deep cleansing, exfoliation, and hydration for your skin. This treatment incorporates the use of steam towels to enhance the overall experience and provide total relaxation.

*\*Note: shaving is not recommended within 2 hours of treatment.*

## FACIAL REFRESHER 25 MIN

In need of a touch up? Enjoy this short and sweet facial treatment to energize and restore your complexion.

*\*Note: Extractions not included.*

# LUNA FACIAL THERAPIES

	MON-THURS	FRI-SUN
25 MIN	\$79	\$89
50 MIN	\$149	\$159
80 MIN	\$189	\$199



## FACIAL ENHANCEMENTS

### ADD-ON = ADDS TIME TO SERVICE

- LED Treatment \$49
- Eye and Lip Treatment \$49
- Eye and Lip Masque \$49
- Hand and Foot Paraffin \$49
- Hand and Foot Scrub \$49

### ADD-IN = BLENDED INTO SERVICE

- Facial Cocktailed Booster \$9
- CBD Oil \$19
- Eye or Lip Treatment \$29
- Eye or Lip Masque \$29
- Hand or Foot Paraffin \$29
- Hand or Foot Scrub \$29
- Peel \$49

## WAXING/TINTING

- Lip or Chin \$19
- Eyebrow Shaping \$29
- Eyebrow or Lash Tint \$29
- Underarms \$39
- Bikini \$49
- Half Leg \$49
- Full Face \$69
- French Bikini \$69
- Full Leg \$79

# LUNA JOURNEYS

	MON-THURS	FRI-SUN
REVITALIZE	\$209	\$239
RESTORE	\$279	\$299
ESCAPE	\$419	\$449

## REVITALIZE

Enjoy **Three Express Treatments** of your choice:

- 25 min Body Glow Scrub
- 25 min Neck Back & Shoulder Massage
- 25 min Scalp Massage
- 25 min Jet Lag Massage
- 25 min Reflexology
- 25 min Facial Refresher

*\*Note: Please allow an hour and a half.*

## RESTORE

Choose **Two** out of the following three **50-minute Treatments**:

- 50 min Body Therapy
- 50 min Massage Therapy
- 50 min Facial

*\*Note: Please allow two hours.*

## ESCAPE

You receive the following **Three 50-minute Treatments**:

- 50 min Body Therapy
- 50 min Massage Therapy
- 50 min Facial

*\*Note: Please allow three hours.*

# SPA INFORMATION

## EXPERIENCE LUNA SPA

HOURS OF OPERATION  
LUNA SPA 9AM-6PM



### FITNESS CENTER 24 HOURS ACCESS

Features state-of-the-art cardio and strength training equipment and LCD screen monitors. Your room key provides access to exterior gym doors 24 hours per day.

*\*Hours of operation are subject to change without prior notification.*

### RESERVATIONS

It's recommended to schedule your spa appointments at least 2 weeks in advance to make sure the preferred treatments and services are available. All Luna Spa services must be guaranteed with a credit card.

*\*Please call Luna Spa at 480-596-7555*

### ARRIVAL TIME

Please arrive 30 minutes prior to your scheduled treatment. Each service will start and end according to the time reserved. To accommodate all our guests as scheduled, late spa arrivals will receive the balance remaining in treatment time.

### AGE REQUIREMENTS

Spa guests must be 18 years or older.

### CANCELLATION

The spa requires a **four hour** notice to change or cancel appointments. **No show or cancellations within four hours will result in a full service fee.**

### SPA SERVICE CHARGE

To make your spa experience as seamless as possible, a 20% service charge will be added to all spa services. Any additional gratuities are optional, but always appreciated.

### LUNA FACILITY ACCESS

Resort guests receiving a 50-minute spa service will receive complimentary access to the spa facilities. Otherwise, there will be a \$16 per day charge. The Spa Facilities include Dry Sauna, Relaxation Area, Locker Room and Fitness Center. Non-resort guests will need to purchase a 50-minute spa service at Luna Spa, which will give them unlimited access to the Spa Facilities, McCormick Pool and Fitness Center on the day the service is performed. Complimentary valet parking is available to non-resort Luna Spa guests.



FOR MORE INFORMATION, PLEASE CONTACT:  
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**THE SCOTTSDALE**

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