



LAKE TAHOE

Rubicon Trail	8 mi. RT	Moderate
The Rubicon Trail is an easy hike that includes stunning views of Emerald Bay and Lake Tahoe. The historic Rubicon Lighthouse is accessible from Emerald Bay Trail via the Rubicon Trail or may be accessed by parking at D.L. Bliss State Park.		
Tahoe Rim Trail	Varies	Easy to difficult
Explore Lake Tahoe from mountain tops and ridges on the Tahoe Rim Trail along North Shore, West Shore, East Shore and South Shore. This 165 mi., 24 in., single-track trail encompasses the ridge tops of the Lake Tahoe Basin, crossing six counties, and two states. The Tahoe Rim Trail overlaps with over 50 miles of the Pacific Crest National Scenic Trail.		
Eagle Falls Trail	1 mi. RT	Easy to moderate
Eagle Falls Trail is located off Highway 89 and is surrounded by some of the most beautiful landscapes in California. Eagle Falls is one of the most popular short hikes in Lake Tahoe because of its beautiful cascading waterfalls.		
Eagle Rock Trail	1 mi. RT	Easy
Located on the west shore of Lake Tahoe, the Eagle Rock trail is an eroded, dormant volcano. This hike leads up and across the enormous volcanic rock formation. From the top are panoramic views of Lake Tahoe.		
Vikingsholm Castle	1 mi. RT	Easy
This trail offers spectacular views of Emerald Bay and Fannette Island from the shoreline. There is a fee and daily tours of Vikingsholm are given to view the authentic replica of a Viking Castle, mid-June through Labor Day. Directly across from Vikingsholm is a short hike to lower Eagle Falls.		

HIKING ESSENTIALS

Hiking Gear/Accessories
<ul style="list-style-type: none"> • Closed toe shoes, hiking boots or sneakers • Cool or warm weather clothing • Hat • Day pack • Camelbak or water bottle • Sunglasses • Sunscreen • Lip Balm • First-aid kit • Insect repellent • Navigation map • Cell phone • Head lamp • Batteries • Snacks • Camera/Binoculars

For more information and trail maps, contact our concierge or our recreation office.

Recreation ext. 6818 or 530.214.6043
Concierge 530.581.6610

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RESORT AT SQUAW CREEK™
LAKE TAHOE

HIKING GUIDE



SQUAW CREEK GUIDED HIKES

Guided Hikes	Varies	Easy to moderate
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Inhale the pines, absorb the views and feel the powerful Sierra sun on your face on one of our guided hikes. Each day provides a different opportunity to explore majestic Squaw Valley or grand Sierra peaks. Our hikes range from a casual walk along Truckee River to an epic adventure with multiple peaks along the route. Check the daily hike schedule to see which adventure is right for you. Appropriate hiking gear required.

- All 2 hour guided hikes are \$45 per person ++
- All 4 hour guided hikes are \$80 per person ++
- Box lunches available at Sweet Potatoes Deli
- Bottled water is provided

Guided hikes are weather permitting and hours are subject to change. Please contact our concierge for availability.

Nature Walk	Varies	Easy
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Join one of our experienced guides on a casual stroll along our nature trail. Weave in and out of towering Lodge Pole and Jeffery Pines while checking out the abundance of wildflowers & wildlife. Our entertaining & knowledgeable guides will share with you some of the rich and colorful history of Squaw Valley and inform you about the local flora and fauna that you encounter along the way.

Nature walks are weather permitting and hours are subject to change. Please contact our concierge for availability.

SQUAW VALLEY

Knowledgeable trail guides are available for all Squaw Valley hikes upon request with a 24 hour notice.

Shirley Canyon	4.5 mi. RT	Moderate to difficult
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This is a great half day hike through a mountain canyon that passes by waterfalls and spectacular granite boulders. Hikers begin at the Shirley Lake trailhead and can hike to Shirley Lake, where they can swim and hike back down, or continue on up the mountain along the Solitude trail, to Squaw Valley High Camp, where they can ride Squaw Valley's tram down for free. Head up the mountain alongside the waterfalls, following blue trail markers, which are placed on rocks that line the trail. This trail may sometimes be hard to follow, so remember the general rule is to keep the creek on your right side and follow it up until you arrive at Shirley Lake.

Trollstigen	.6 mi. RT	Easy
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Enjoy spectacular views of Squaw Valley's meadow and surrounding peaks on this gentle trail from Resort at Squaw Creek to the Village at Squaw Valley.

High Camp Trails	Varies	Easy to difficult
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Ride the Aerial Tram to High Camp and choose from a variety of trails including High Camp Loop, High Camp to Gold Coast Chairlift, High Camp to Emigrant Chairlift, High Camp to Squaw Peak, and High Camp to Shirley Lake.

Five Lakes	5 mi. RT	Moderate to difficult
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Enjoy scenic views of Granite Chief Wilderness as you hike your way to one of the five lakes tucked into the basin between Alpine Meadows and Squaw Valley. The trailhead starts near the base of Alpine Meadows. Across from Deer Creek Rd., hike about 2 mi. to the first of five beautiful lakes, and explore the trails connecting the lakes to KT-22.

TRUCKEE - DONNER SUMMIT

Donner Lake	Varies	Moderate
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Located in the beautiful Sierra Nevada, Donner Lake and Memorial State Park offer a variety of hiking trails. The Lakeshore Interpretive Trail features 18 trailside exhibits illustrating the history of the Emigrant Trail. The path leads to, and along, Donner Lake. The trail ends at a nice picnic spot near the lake.

Castle Peak	5.3 mi. RT	Moderate
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Castle Peak is one of the most popular hiking destinations in the Lake Tahoe Basin. With its three turrets reaching above the landscape, Castle Peak (elevation 9,103) is one of the icons of Donner Summit easily visible from nearby Interstate 80.

Martis Creek Wildlife	4.3 mi. RT	Easy to difficult
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The Martis Creek Wildlife Area, on the west side of Hwy 267, offers a hiking and bike riding trail that loops around the valley. The trail goes along Martis Creek, through coniferous forests and open meadows. Spring wildflower displays are spectacular from late June to early July.

Mt. Judah Loop	4.6 mi. RT	Moderate
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Situated near Sugar Bowl Ski Resort, the views from the summit are excellent, with numerous rocky peaks in view, as well as a number of lakes. The trailhead is off of Hwy. #40. Turn onto the road before the Alpine Skills Institute and begin the hike on the Pacific Crest Trail heading south.