



CARMEL VALLEY RANCH

FRIGHTS & DELIGHTS

IT'S FALL AT THE RANCH

OCTOBER ACTIVITIES AND PROGRAMS

The days may be getting a bit shorter, but they're still packed full of fun here at Carmel Valley Ranch! Here are some of the amazing activities you can look forward to this month!

Wine Walk Though The Vineyard

\$45 | ADULTS ONLY

Enjoy a guided stroll through our vineyard while sipping on our own Pinot Noir or other delicious wines! You'll take in sweeping views of Carmel Valley as you learn more about the grape's journey to your glass.

Self-Guided Scavenger Hunt

COMPLIMENTARY | ADULT AND FAMILY-FRIENDLY OPTIONS

Secret codes are hidden around The Ranch—and they're waiting to be found by you and your team of outdoor detectives! You'll traverse our 500-acre playground, using only a map of the resort, your collective smarts, and a simple clue. Along the way, these codes will unlock your next destination as well as some facts about the property. This is a challenge that will feed your need for adventure!

Nocturnal Nights & Frights

90 MINUTES | \$45 ADULTS, \$35 AGES 5-12 AGES 12 AND UNDER WITH ADULT

Come get spooky with us on this family-friendly twilight stroll! Ever wonder how bats echolocate or owls soar so silently? October is the perfect month to find out. Test your night vision while exploring the many adaptations of The Ranch's nocturnal residents. This activity includes a guided hike up our Horseshoe Loop trail, followed by glow-in-the-dark fun with a haunted twist!

Caramel Apple Decorating

\$12 PER APPLE

Join us in the Adventure Kitchen to decorate caramel apples. We'll provide the apples and the toppings—you provide the imagination!



CARMEL VALLEY RANCH

Family Pumpkin Carving

\$15 PER PUMPKIN | OCT. 24, 30, AND 31

Choose your pumpkin from our patch in the Organic Garden, and you'll receive a carving kit to create the perfect Jack O'Lantern! Be sure to post a picture of your creation and tag The Ranch!

Halloween Bats, Woos & Boos

COMPLIMENTARY | OCT. 31

Spend Halloween trick-or-treating at Carmel Valley Ranch, where all the little ghouls and ghosts are invited to collect treats from various locations on the property. They will leave with more than just a bag of sweets, too—in between stops, they can meet a real-life Owl, learn about spiders and their web-spinning artistry, and track bats by listening for their echolocation calls. It's sure to be a spellbinding night!

Hot Chocolate and Cider at The Market

COMPLIMENTARY | AVAILABLE THROUGH DECEMBER

Stop by The Market for our hot-chocolate bar with all the fixings, including whipped cream and other toppings—or choose our seasonal cider for a warm treat during those brisk fall evenings.

Junior Naturalist Camp

\$85 | AGES 8-12

Send your little one off to explore our 500 acres through the lens of a naturalist! Kids will love this educational—and socially distanced—excursion full of interactive activities geared toward wilderness exploration and ecology. Your Junior Naturalist will gain a new understanding and appreciation of their environment!

Nocturnal Slow Flow Yoga

COMPLIMENTARY | 15 PARTICIPANTS PER CLASS
AVAILABLE THROUGH DECEMBER

Designed for yogis of all trades, this Vinyasa Flow class combines mindful breathing with slow, deliberate movements. Poses are sequenced in a slow and gentle manner, offering longer holds and less physical vigor than a Vinyasa or Power Flow class. By slowing down, we can explore a greater sense of opening of the body, a release of tension, and a calming of the mind. The intention is to enjoy the healing properties of the practice and the beauty of slowing down. *Note: Participants are asked to bring their own mats.*

Monterey County Excursions

Book your private hike with one of our Naturalists and take a private customized tour of the most scenic places world-famous Monterey County has to offer. To find out more about our on- and off-property private hikes, please contact the Activities Department. Availability is limited; advance reservations are required.

