

People

JOHN LEGEND on
Faith, Family & Fatherhood

10 YEARS LATER
TRADING SPACES
RETURNS!



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SHOCKING DIVORCE

HOUSE OF HORRORS
Update on 13 Kids Held Captive



Chrissy, age 5

This Is Us'
CHRISSY METZ

People
EXCLUSIVE!
An emotional interview and an excerpt from her candid new memoir *This Is Me*

HOW I LEARNED TO LOVE MYSELF

The actress opens up about her painful childhood, finding success against the odds and finally feeling beautiful

April 2, 2018



Kristin Cavallari and her family moved to Nashville last year. "It has everything that a big city offers, yet it still feels like a small town," she says.



CELEB TOUR GUIDE

Insider's Guide to Nashville!

KRISTIN CAVALLARI SHARES HER FAVORITE SPOTS TO SHOP, SNACK AND CHILL OUT

1/ Bars on Broadway

"If it's your first time coming to Nashville, you have to hit up Broadway," Cavallari, 31, says of the famous strip, where "there's always live music playing." The Stage, which has hosted musicians like Miranda Lambert and Toby Keith, and the outdoor patio at Rippy's are her must-visit spots.

2/ Arrington Vineyards

This hidden gem, around a 40-minute drive from downtown, has wine-tasting experiences that start at just \$7. "It's such a great destination for a bachelorette or a girls' trip," says the Hills alum.

3/ 5th & Taylor

"This is our favorite date-night spot—it always has great drinks, and the food is incredible," says Cavallari of the restaurant she frequents with her NFL-player husband, Jay Cutler, 34, who fell in love with the city when he was a star quarterback at Vanderbilt University.

4/ Uncommon James

On March 27 jewelry designer Cavallari is opening her first stand-alone store, which will also offer a new line of home decor. "It's in the Gulch shopping area, five minutes from downtown. It couldn't be more perfect in terms of location," she says.

5/ Five Daughters Bakery

The family-owned bakery is famous for its 100-layer donut. "They're the best I've ever had," she raves. "They also have paleo donuts if you don't want to go completely overboard."

6/ Barista Parlor

Cavallari favors this no-frills cafe for work meetings or a quick caffeine fix. "It's really cozy," she says. "And it's a legit coffee place. If you're going for the froufrou drinks, this is not your spot."

7/ Thompson Hotel Rooftop

"It has an incredible view," she says of the luxury boutique hotel. "It's a place I like to take out-of-town guests because you get a real sense of Nashville."

—MEGAN STEIN



CAVALLARI AND CUTLER SHARE SONS CAMDEN, 5, AND JAXON, 3 (PICTURED), AND DAUGHTER SAYLOR, 2.

